

CURRICULUM OVERVIEW

Relationships and Sex Education (RSE)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>PSHE</p> <p>Families and people who care for me</p> <ul style="list-style-type: none"> Team: Together everyone achieves more <p>Respectful relationships</p> <ul style="list-style-type: none"> Team: Together everyone achieves more Team: Listening <p>Families and people who care for me</p> <ul style="list-style-type: none"> VIPs: Who are your VIPs? 	<p>PSHE</p> <p>Families and people who care for me</p> <ul style="list-style-type: none"> VIPs: Families <p>Caring friendships</p> <ul style="list-style-type: none"> VIPs: Friends 	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> Think positive: It's your choice 	<p>PSHE</p> <p>Families and people who care for me</p> <ul style="list-style-type: none"> One world: families One world: homes 		<p>PSHE</p> <p>Being safe</p> <ul style="list-style-type: none"> Safety first: Keeping safe
Year 2	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> Aiming high: Jobs for all 		<p>PSHE</p> <p>Caring friendships</p> <ul style="list-style-type: none"> Think positive: Let it all out <p>Respectful relationships</p>	<p>PSHE</p> <p>Caring friendships</p> <p>Respectful relationships</p> <p>Being safe</p> <ul style="list-style-type: none"> VIPs: Falling out <p>Respectful relationships</p>		<p>PSHE</p> <p>Online relationships</p> <p>Being safe</p> <ul style="list-style-type: none"> Safety first: Staying safe around strangers <p>Being safe</p>

			<ul style="list-style-type: none"> Think positive: Let it all out Think positive: Be thankful 	<ul style="list-style-type: none"> VIPs: Working together <p>Caring friendships</p> <ul style="list-style-type: none"> VIPs: Showing you care 		<ul style="list-style-type: none"> Safety first: Safe secrets and surprises
Year 3	<p>PSHE</p> <p>Caring friendships</p> <ul style="list-style-type: none"> Team: Being considerate VIPs: Family and friends VIPs: Fabulous friends Be yourself: Feelings <p>Online relationships</p> <ul style="list-style-type: none"> Team: Being considerate VIPs: Family and friends VIPs: Fabulous friends Be yourself: Making it right <p>Families and people who care for me</p> <ul style="list-style-type: none"> VIPs: Family and friends 	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> Diverse Britain: Living in the British Isles 	<p>PSHE</p> <p>Caring friendships</p> <ul style="list-style-type: none"> Think positive: Changes 	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> One world: Chiwa and Kwende One world: Chiwa's Dilemma 1 	<p>PSHE</p> <p>Caring friendships</p> <p>Being safe</p> <ul style="list-style-type: none"> It's my body: My body my choices 	<p>PSHE</p> <p>Being safe</p> <ul style="list-style-type: none"> Safety first: Risks, hazards and dangers Safety first: Under pressure <p>Families and people who care for me</p> <p>Caring friendships</p> <ul style="list-style-type: none"> Safety first: Under Pressure

	<p>Respectful relationships</p> <ul style="list-style-type: none"> ▪ VIPs: Family and friends ▪ VIPs: Fabulous friends ▪ Be yourself: Making it right 					
Year 4	<p>PSHE</p> <p>Respectful relationships Online relationships</p> <ul style="list-style-type: none"> ▪ TEAM: Together everyone achieves more ▪ VIPs: What is bullying? <p>Caring friendships</p> <ul style="list-style-type: none"> ▪ VIPs: Falling out ▪ VIPs: What is bullying? 	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> ▪ Diverse Britain: Liberty ▪ Diverse Britain: Tolerance and respect ▪ Diverse Britain: What does it mean to be British? 				
Year 5	<p>PSHE</p> <p>Caring friendships</p> <ul style="list-style-type: none"> ▪ Be yourself: You are unique 	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> ▪ Diverse Britain: Identities 			<p>PSHE</p> <p>Caring friendships Being safe</p>	

	<ul style="list-style-type: none"> ▪ Be yourself: Do the right thing ▪ VIPs: Think Before You Act <p>Respectful relationships</p> <ul style="list-style-type: none"> ▪ Be yourself: You are unique ▪ TEAM: Together Everyone Achieves More <p>Families and people who care for me</p> <ul style="list-style-type: none"> ▪ VIPs: People we love <p>Being safe</p> <ul style="list-style-type: none"> ▪ Be yourself: Do the right thing <p>Online relationships</p> <ul style="list-style-type: none"> ▪ VIPs: Think Before You Act 				<ul style="list-style-type: none"> ▪ It's my body: My body's right 	
Year 6	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> ▪ Growing up: Just the way you are 	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> ▪ Diverse Britain: National Government 	<p>PSHE</p> <p>Respectful relationships</p> <ul style="list-style-type: none"> ▪ Think positive: Choices and consequences 			

	<ul style="list-style-type: none"> ▪ TEAM: Communicate ▪ VIPs: It's ok to disagree <p>Caring friendships</p> <ul style="list-style-type: none"> ▪ TEAM: Communicate ▪ VIPs: It's ok to disagree <p>Online relationships</p> <ul style="list-style-type: none"> ▪ TEAM: Communicate <p>Families and people who care for me</p> <p>Being safe</p> <ul style="list-style-type: none"> ▪ VIPs: Secrets 		<ul style="list-style-type: none"> ▪ Aiming high: Stereotypes in the world of work 			
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 7	<p>PSHE/RSE</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> ▪ How will we work together? 	<p>PSHE/RSE</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> ▪ Faith and values ▪ How do I work best with others 	<p>PSHE/RSE</p> <p>Families</p> <ul style="list-style-type: none"> ▪ What are different types of relationships? 	<p>PSHE/RSE</p> <p>Families</p> <ul style="list-style-type: none"> ▪ What does family mean? ▪ How do I contribute to family life? 			<p>PSHE/RSE</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> ▪ Being assertive and dealing with pressure ▪ How am I doing?

	<p>Intimate and sexual relationships, including sexual health</p> <ul style="list-style-type: none"> What happens at puberty 	<ul style="list-style-type: none"> Skills for working with others 	<p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> What is a healthy relationship? <p>Being safe</p> <ul style="list-style-type: none"> Communication skills 	<p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> Gender identity <p>Online and media</p>		
Year 8			<p>PSHE/RSE</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> Why are friends important? 	<p>PSHE/RSE</p> <p>Families</p> <ul style="list-style-type: none"> Is commitment important in relationships? <p>Respectful relationships, including friendships</p> <p>Being safe</p> <ul style="list-style-type: none"> Abuse in relationships 	<p>PSHE/RSE</p> <p>Being safe</p> <ul style="list-style-type: none"> Sex and the law <p>Online and media</p> <ul style="list-style-type: none"> Pornography and sexting 	
Year 9	<p>PSHE/RSE</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> Who am I? 	<p>PSHE/RSE</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> Understanding our communities 	<p>PSHE/RSE</p> <p>Intimate and sexual relationships, including sexual health</p>	<p>PSHE/RSE</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> Gangs and knife crime 	<p>PSHE/RSE</p> <p>Intimate and sexual relationships, including sexual health</p> <ul style="list-style-type: none"> Choices around sex 	

	<ul style="list-style-type: none"> ▪ Being assertive and dealing with pressure 	<ul style="list-style-type: none"> ▪ How do I feel about difference? ▪ How can we value each other? ▪ What makes a successful community? ▪ What can cause problems in communities? ▪ How can we challenge prejudice and discrimination? 		<p>Being safe</p> <ul style="list-style-type: none"> ▪ FGM 	<ul style="list-style-type: none"> ▪ Conception, pregnancy and birth ▪ Contraception ▪ What are STIs? 	
Year 10	<p>CITIZENSHIP</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> ▪ 1.3 Religious understanding ▪ 1.7 Respect and communities 	<p>CITIZENSHIP</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> ▪ 1.9 Discrimination and the law ▪ 1.10 Developing mutual understanding ▪ 1.11 What are human rights? ▪ 1.12 Human rights in the UK ▪ 1.13 Political rights ▪ 1.14 Legal rights 	<p>CITIZENSHIP</p> <p>Respectful relationships, including friendships</p> <ul style="list-style-type: none"> ▪ 1.15 Fair play at work ▪ 1.17 Rights with responsibilities ▪ 1.18 Human rights: checks and balances 			

Year 11	SCIENCE Intimate and sexual relationships, including sexual health <ul style="list-style-type: none"> ▪ Physical and chemical defences (STIs) ▪ The menstrual cycle (contraception) 	CITIZENSHIP Online and media <ul style="list-style-type: none"> ▪ The role of the media and a free press ▪ Rights and responsibilities of the media ▪ The use of the media for influence 		GCSE EXAMINATIONS	GCSE EXAMINATIONS
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